



# OCCUPATIONAL HEALTH

Monthly Newsletter December 2009

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## ◆ Mark Your Calendar for the Upcoming 2010

**NASA OH Meeting:** The 2010 NASA OH Meeting will be held in San Antonio, TX June 7-11, at the [Hotel Contessa](#),



located along the San Antonio River Walk. Continuing education opportunities will continue to be made available to meeting attendees in many of the OH disciplines. Be sure to check the [NASA OH Meeting](#) website often, as updates will be made in coming months.

◆ **2010 HealthierYou Campaign:** The *Mayo Clinic EmbodyHealth*, is set to return on January 4, 2010. We will hold two Agency wide promotions, Walk to Wellness and My Fitness Solutions. If your Center meets the minimum requirements for enrollment you will receive Center-specific outcomes data as well as the Agency aggregate. Many of you and other employees have inquired about the 2010 HealthierYou Calendar. All efforts are being made to print and distribute the product. The 2010 Calendar is a tribute to the NASA workforce and the Shuttle Program.



## ◆ Mayo Clinic EmbodyHealth:

7,459 Total Health Assessments completed  
2,108 Civil Service Employees  
4,991 Contract Employees  
360 Other, Spouse, Children



The summary of the 2009 NASA Health Assessment data will be presented during the 12/10/09 HPW ViTS. To keep abreast of your Center's health profile and participation data visit the Mayo Clinic Report Suite. Note that hundreds of employees across the agency have taken advantage of the behavioral modification modules such as Fitness for All, My Stress Solutions, and My Weight Solutions. To better introduce the Mayo Clinic product we will be utilizing the quarterly EmployeeHealth E-newsletter, [For a HealthierYou](#), to show case the different modules available on the *Mayo Clinic* web portal.

◆ **EHRIS Project Update:** An EHRIS Strategic Planning Session was held November 4, 2009. One of the action items reviewed involved the status of outstanding IT Security issues. It was determined that the EHRIS web-hosting will be moved and maintained inside the NASA firewalls to meet the IT security issues. Once this move is completed and other action items are resolved, then we will move forward with a revised schedule beginning with the retraining of the Stennis Space Center (SSC) Occupational Medicine and Environmental Health staff. The EHRIS Implementation Team is continuing the work on the base tables for all clinics, the system testing, and the Records Management Plan. The next EHRIS Task Force Webinar is scheduled for December 8, at 11:30 am to 12:30 pm EST. The agenda will include an EHRIS Project Update and a Medgate module demonstration.

## ◆ Radiofrequency (RF) Radiation Safety

**Webinar:** Planning is currently in progress for an 8-hour OCHMO-sponsored RF Safety Refresher course for occupational health professionals with RF safety responsibilities at NASA sites. RF Safety Officers may be contacted to provide site-specific input to help tailor the course. Stay tuned for more details as the course development matures.



◆ **Significant Achievements:** Kudos to Philip Brown (MSFC) and Eric Packard (ARC) who've both recently passed Part I of the American Board of Health Physics (ABHP)



certification examination. This is the first of two exams designed to test competence in this field. Holders of ABHP Certification may identify themselves as either Certified Health Physicists (CHP) or Diplomates of the American Board of Health Physics (DABHP). NASA currently has three Certified Health Physicists supporting occupational health programs. More information about the ABHP certification process is available at the [ABHP website](#).



## ◆ CDC Environmental Health Training in Emergency Response Course is a Big Success:

On November 16 – 19, KSC hosted a CDC [Environmental Health Training in Emergency Response \(EHTER\)](#) course. Dr. Vince Michaud of OCHMO kicked off the course welcoming all attendees and providing an Agency update on Pandemic Flu planning. Over 50 attendees from 10 NASA Centers participated in the training, which included over 20 instructors. In the 3.5 days topics from vector control to pandemic flu to potable water were discussed. Many classroom exercises were included in the course, in addition to field trips to see KSC resources such as the Mobile Command Center, Radiation Control Center and the Red Cross's Emergency Response Vehicle (ERV). It was an excellent opportunity for EH personnel to become more aware of the many facets of an Emergency Response for EH staff and be better prepared in the event of an emergency. [STS-129](#) launch was also a highlight of the week for attendees!



## ◆ NASA OH Center Review Calendar:

- January 26-29, Michoud Assembly Facility

## ◆ Upcoming OH ViTS & Web Exs:

- EHRIS Task Force Webinar – December 8, 11:30-12:30 EST
- Environmental Health – December 9, 11:00-12:00 EST
- Health Promotion – December 10, 11:00-12:00 EST
- EAP – December 10, 12:30-1:30 EST

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